

PLANNING FOR SUCCESS

PREPARING NOW FOR THE FUTURE

Recreation & Leisure Resources in Windsor-Essex

SELF-ADVOCATE & FAMILY GROUPS

Ensemble		
ensemble@communitylivingessex.org	372 Talbot St. N Essex, ON N8M 2W5	(519) 776-6483 ext. 225
<p>Ensemble is a parent-directed resource for families caring for someone with a disability that provides support from birth through adulthood.</p> <p>Ensemble provides emotion support to parents, promotes family leadership, and services as a resource to families, professionals, and government agencies.</p> <p>Ensemble inspires possibilities for our children by promoting family leadership so that families thrive and become active members in the community.</p>		

New Day, Leaders of Today	
newday@communitylivingessex.org	(519) 776-6483 ext. 267
<p>New Day is a self-advocacy group involving people with intellectual disabilities who receive supports from Community Living Essex County. New Day members work together and independently to increase awareness both within the organization, as well as within the community about what it means to live with a disability.</p> <p>What we do:</p> <ul style="list-style-type: none"> • Attend conferences and workshops and share information with others • Meet once a month as a group • Discuss media issues • Promote and develop public speaking skills • Discuss fundraising ideas • Work with agencies to make information easier to understand 	

People First of Windsor	
Richard Ruston	Rruston2@cogeco.ca
<p>The Windsor chapter of People First of Ontario generally hosts monthly meetings for people with intellectual disabilities who care about rights and responsibilities, real jobs, real education, and real work for all people.</p> <p>Please contact People First of Ontario to request information about your local chapter.</p>	

Windsor-Essex Family Network	
info@windsoressessexfamnet.ca	(519) 974-1008
<p>Windsor-Essex Family Network is a network of parents, grandparents, brothers, sisters, and friends who believe in the inclusion and well-being of children and adults who have different abilities and challenges.</p> <p>More simply, we are a group of people who have a relative or friend who is living with a disability. We believe that everyone, with or without a disability, belongs in our neighbourhoods and communities.</p> <p>We are families who share information and experiences with each other, provide emotional and practical support, develop briefs to tell government and others what we need and create information to help other families on their journey.</p> <p>We are families and friends who care.</p>	